

# A simple breathing test called *spirometry* for early diagnosis and optimal treatment. Who should be screened?

Are you a smoker or ex-smoker over age 40



If yes, do you...

Get short of breath doing simple chores?

Have a regular cough that produces sputum?

Get frequent colds that seem to persist longer than other people?

If you answered "yes" to one or more of these three questions you may have COPD. Ask your doctor about confirming this with spirometry.