

Provincial Physician Health Resources



If you need help or want to ask a question about your own health or that of a colleague, call your local PHP. Physicians' immediate family members, medical students and residents may also use the PHPs' services. Services are provided at no cost. PHPs maintain confidentiality except in exceptional dangerous legal or medical circumstances.

British Columbia Physician Health Program

(800) 663-6729 across Canada
(604) 742-0747 in BC
Mon-Fri, 9am-5pm
php@radiant.net
www.physicianhealth.com

Alberta Physician and Family Support Program

(877) SOS-4MDS (767-4637)
24 hours a day, every day of the year
Administrative office: (877) 262-7377
or (403) 228-2880
pfsp@albertadoctors.org,
robin.robertson@albertadoctors.org
www.albertadoctors.org,
under Benefits and Services

Saskatchewan Physician Support Program

(306) 244-2196, (800) 667-3781 in SK
8am-5pm
Individual committee members can be contacted anytime; contact info available through SMA
website members-only section.
sma@sma.sk.ca, brenda@sma.sk.ca
www.sma.sk.ca/programs/physicianhealth.aspx

Manitoba Physician at Risk Program

(204) 237-8320 24 hours a day

Yukon, Northwest Territories and Nunavut

Serviced by Alberta PFSP;
see contact info above

Ontario Physician Health Program

(800) 851-6606 in ON
(800) 268-7215 x2972 across Canada
michael_kaufmann@oma.org,
sarah_hutchison@oma.org
www.phpoma.org

Quebec Physicians Health Program

(514) 397-0888 in QC
(800) 387-4166 across Canada
Mon-Fri, 9am-4:45pm;
on-call physician available after hours
and on weekends
info@qphp.org
www.qphp.org

New Brunswick Physician Health Program

(506) 635-8410
Mon-Fri, 8:30am-4:30pm
Administrative office:
(506) 458-8860
nbms@nbnet.nb.ca
www.nbms.nb.ca

Prince Edward Island Physician Support Program

(888) 368-7303
8am-5pm
airwin@medicalsocietypei.com
www.mspei.pe.ca

Nova Scotia Professional Support Program

(902) 468-8215
24 hours a day
robert.fredrickson@doctorsns.com or
jan.goodwin@doctorsns.com

Newfoundland and Labrador Professionals' Assistance Program

(800) 563-9133
(709) 754-3007
rmlahey@nl.rogers.com

CMA Centre for Physician Health and Well-being

(877) CMA-4-YOU
9am-4pm
cma.ca